

LADERA RANCH

ROOTS AND WINGS

LADERA RANCH'S OFFICIAL COMMUNITY MAGAZINE

WINTER 2022



BEHIND THE SCENES
LARCS
EVENT PLANNING
Committee



2022
Year
in **REVIEW**
IN PICTURES p. 16



Fighting Pests
SHOT HOLE BORER
p. 8



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LADERA RANCH COMMUNITY SERVICES (LARCS)

Oak Knoll Village Clubhouse
 28192 O'Neill Drive
 949.388.8300 | contact.larcs@laderalife.com
 Monday-Friday: 9:00 a.m. to 5:00 p.m.

Events • Programs • LaderaLife.com • Community Partnerships
 Groups & Clubs • Roots and Wings Magazine • Ladera Happenings

BOARD OF DIRECTORS

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 Secretary Armando Rutledge
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 Non-Voting Officer Joya Celik
 Non-Voting Officer Chris McAndrew

LADERA RANCH MAINTENANCE CORPORATION (LARMAC)

Avendale Village Clubhouse
 1 Daisy Street
 949.218.0900 | contact.larmac@laderalife.com
 Monday through Friday: 9:00 a.m. to 6:00 p.m.
 Saturday: 9:00 a.m. to 5:00 p.m.
 Closed daily for lunch: 1:00 to 2:00 p.m.
 Available by appointment.

Membership Cards • LaderaLife Registration
 Architectural Plan Submittal • Enforcement Review
 Common Area Maintenance • Facility Reservations

BOARD OF DIRECTORS

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Allied Universal Security Service 949.351.9253
 FirstService Residential CA 949.448.6000

As a service to Ladera Ranch residents ("Participants"), LARCS makes available various service providers such as instructional and recreation class instructors, sports leagues, social events and others that may be added from time to time (collectively, the "Providers"), which agree to provide classes and other activities to Participants. However, neither LARCS, LARMAC, FirstService Residential CA, DMB Ladera, nor any of their directors or officers (collectively, the "Ladera Parties") recommend or endorse any of the Providers or any classes, activities, information, advice or services provided by such Providers (collectively, the "Products"). The Ladera Parties are not responsible for the accuracy, reliability or quality of any Product provided to Participants by or on behalf of any Provider. Any reliance upon any Products of a Provider shall be at the Participant's sole risk.

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Your attendance at LARCS and/or LARCS Partnership events constitutes your permission to LARCS and/or parties designated by LARCS to photograph you and your family members, including minor children, and to use such photographs in all forms of media and any and all promotional purposes including advertising, publicity, display, audiovisual, exhibition, commercial and editorial use. The term "photograph" as used herein, encompasses still photographs, audio recording and motion picture footage. LARCS reserves the right to reproduce and/or authorize reproduction and use of such photographs for use in all promotional markets. LARCS and any of its associates, affiliates, designated directors, officers, agents, and employees are not liable for any claims of civil violation of privacy as result of photographs taken at LARCS events.





LADERA RANCH



Chase Fitzpatrick
CHASE FIZPATRICK
President
Ladera Ranch
Maintenance
Corporation (LARMAC)



G. Sink
GREG SINK
President
Ladera Ranch
Community
Services (LARCS)

LETTER FROM YOUR BOARD PRESIDENTS

What a year 2022 has been so far! It has been a year of change and progress as much as it has been a year of our community coming together through events, volunteerism, and a strengthened sense of togetherness.

Your HOA at Work

As the master maintenance association, Ladera Ranch Maintenance Corporation (LARMAC) is pleased to report the completion of some significant renovation and maintenance projects (see page 9). The Board has worked closely with staff and vendors to effectively navigate the challenges of increased costs and disruption to the supply chain for even the most basic items.

LARMAC has worked diligently with the Orange County Fire Authority (OCFA) to address its ever-changing directives to create a defensible space in specific areas and to reduce the amount of acacia shrubs that are prevalent throughout the community. Included in this issue of Roots and Wings is an article about our ongoing efforts to manage the health of our trees and our joint effort with arborists and specialists to battle the Shothole Borer Beetle, an aggressive pest species (see page 8).

LARCS Events

As the lifestyle division, Ladera Ranch Community Services (LARCS) was excited to see everyone at our signature events including the summer concert series, July 4th Celebration, and we are looking forward to Miracle on Mercantile Way.

Behind the Scene: Planning Ahead for Events

We have heard from many of you regarding the wonderful return of the sense of community through our events, recreation classes, and activities. We appreciate your feedback and want to learn more about what you would like to see in the year ahead. We invite you to share your ideas through the resident survey (see page 5). Your feedback will help us learn how you enjoy our events and access amenities. Those who complete the survey will be entered to win the "Save My Spot" prize for the 2023 July 4th Celebration.

Grateful for Our Volunteers

Thank you to all of you who volunteered throughout the year, in the classrooms, at local foodbanks, as coaches and mentors; and of course, those who serve on the LARCS and LARMAC Committees and Boards. In one way or another, your dedication and contributions enrich the lives of everyone living in Ladera.

Happy Holidays

We wish you and yours a happy holiday season. We hope to see you at the winter events and around town as you enjoy the festive holiday lighting and decorations throughout the community.



LARCS
EVENT PLANNING
Committee

EPC's Stephanie Stein and Alison Duff with volunteers setting up for the Harvest Festival event.

Community events are certainly near the top of everyone's list of things that make Ladera Ranch an attractive place to live. Whether it's the Spring Celebration, July 4th Celebration, or Concerts in the Park, Ladera's community events offer fun times and cherished memories; enriching the lives of everyone residing in our beloved town.

signature events, EPC focuses on events that will appeal to the older population, teens, young couples, and single residents. They collaborate with other LARCS Committees, such as, the Teen Leadership Council and volunteers to come up with new ideas for future events.



Georgette Shrake, Chair, LARCS Event Planning Committee

For some residents like Event Planning Committee Chair, Georgette Shrake, Ladera's community events and lifestyle were a significant factor in selecting Ladera Ranch as her family's home. Georgette whose family moved from Irvine says, "Ladera's unique lifestyle and sense of community was so compelling, the decision to move here was an easy one. Seeing the warm interactions between families at the community events was something our family was ready to experience first-hand."

Do you have creative ideas to share with EPC? EPC welcomes feedback from fellow residents. "Our goal is to make Ladera the most amazing community it can be," says Georgette.



EPC's Christine Reves with volunteers at Harvest Festival.

Behind the scenes of all the events and festivities is a special team of volunteers chartered to make it happen - the Event Planning Committee. The resident-led committee is the group that plans Ladera's best-known events that draw an estimated 50,000 people each year.



L-R: LARCS Director meets with the Events Planning Committee, Jill Lau, Harpreet Kaur, Christine Reves, Jim Finken, Alison Duff, Stephanie Stein. Not pictured: Georgette Shrake and Lea Prokopowicz.

Committed to producing the best possible experience, the planning committee works diligently throughout the year organizing and enhancing all of the annual events that we know and love. Providing ideas and recommendations for events is only part of what they do. EPC enlists feedback from residents and works on making our events better each year. In addition to the broad-appeal events such as Miracle on Mercantile Way, Harvest Festival, and other

EVENTS



JULY 4TH CELEBRATION



SPRING CELEBRATION



MIRACLE ON MERCANTILE WAY



HARVEST FESTIVAL



TEEN AMAZING RACE



MOTHER'S DAY MASTERPIECES



NEW HOMEOWNERS RECEPTIONS



PAWS IN THE PARK



GASTRO GARAGE



The Ranch Hands are Ladera residents who volunteer and work alongside the LARCS team to help support community events and activities.

The Ranch Hands assist with event setup, cleanup, and they interact with residents during the events.

You will see Ranch Hand volunteers throughout the year helping with LARCS-operated and sponsored events.

Volunteering is just one way to be involved in your community and can make a difference in your hometown.

Scan the code to sign-up to volunteer with LARCS and view upcoming volunteer opportunities.

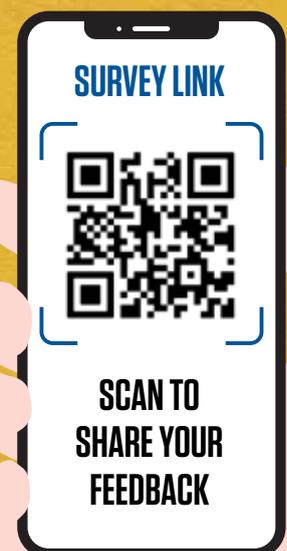


Share your feedback and win

Enter for a chance to win a spot at the 2023 July 4th Celebration!

Ladera Ranch Community Services and the Event Planning Committee want to hear from you about community events and programs.

- What:** Share your feedback
- How:** Complete the survey
- Win:** 15' x 15' spot at the July 4th Celebration
Two large pizzas from zpizza Ladera





EVENTS

NOVEMBER 14 – DECEMBER 19

TOY DRIVE

Ladera Ranch is collecting toys and gift cards for 1ST Light Armored Reconnaissance families, a Marine Battalion based at Camp Pendleton to share cheer with children up to 18 years old.

Collections sites

Avalanche Village Clubhouse:

- Mon – Fri: 9:00 a.m. – 6:00 p.m.
- Sat: 9:00 a.m. – 5:00 p.m.

Oak Knoll Village Clubhouse:

- Mon – Fri: 9:00 a.m. – 5:00 p.m.



NOVEMBER 28 – DECEMBER 16

LETTERS TO SANTA

Write a letter to Santa telling him what you wish for this holiday season. Your letter may be dropped off in his special mailbox at the Avalanche Village Clubhouse or during Miracle on Mercantile Way on December 3. From the North Pole, Santa will reply to each letter he receives. Be sure to include your return address.



DECEMBER 1 – 13

HOLIDAY DECORATING CONTESTS

Get into the holiday spirit by entering your home or neighborhood in the annual contest by noon on November 30. Categories include Most Creative Use of Lights, Best Use of Theme, Classic/Traditional, and Best Yard Display. Winners will receive a gift card and yard sign to display throughout the holiday season.

To vote for your favorite homes and neighborhoods, visit LaderaLife.com starting December 1.

Residents must obtain an Encroachment Permit from the County of Orange if holiday displays, including a string of lights, are stretched over public right of way. To learn more, visit ocplanning.net/permits.



WINTER 2022



FRIDAY, DECEMBER 2 SANTA VISITS

4:00 – 7:00 p.m. | Oak Knoll Village Clubhouse

Mr. and Mrs. Claus will listen to holiday wish lists while taking a photo with your family. Bring your camera to take a picture to capture this special moment. Space is limited. Registration is required.



SATURDAY, DECEMBER 3 MIRACLE ON MERCANTILE WAY

2:00 – 5:00 p.m. | Town Green

Join us for an afternoon of family fun activities, pictures with Mr. and Mrs. Claus, and much more. Don't leave early; Santa will turn on the holiday lights in the park at 5:00 p.m.



SUNDAY, DECEMBER 18 MENORAH LIGHTING

4:00 – 6:00 p.m. | Town Green

Join us as we celebrate the first night of Hanukkah as a community at the Ladera Ranch Festival of Lights. This year LARCS is partnering with local organizations to create an evening of community with music, dancing, dreidels, crafts, candle lighting, and traditional Hanukkah snacks!



SATURDAY, FEBRUARY 25 80s NIGHT OUT

6:30 – 9:30 p.m. | Covenant Hills Clubhouse | \$50 per person | 21+

Dust off your leg warmers, tease up your hair, and get ready for the ultimate 80s retro night! The night will be filled with live music from Pulp Vixon, enjoy a specialty Cyndi Lauper cocktail, and special appearances from some of your favorite personalities. Tickets include dinner, entertainment, and two drink tickets. Purchase your tickets before January 20 and save \$5 each.

For the latest updates on community events, visit [LaderaLife.com/Events](https://www.laderalife.com/events)



Invasive Shothole Borer Beetle Threatens Tree Health

LARMAC Collaborates with University to Save Trees

Ladera Ranch has an invasive pest, the Invasive Shothole Borer Beetle (ISHB) that is threatening the health of trees throughout the community. Since the ISHB beetle is not native to Southern California, it does not have a natural predator. This makes it extremely concerning since the beetle can reproduce quickly and given the extensive damage it can do to the local ecosystem in a relatively short time.

The invasive beetle bores into a tree and creates a series of galleries to lay its eggs in and in-turn grows *Fusarium* fungus, which the larvae feed on. This causes a disruption in water transport within the tree, which results in limbs becoming brittle and eventually death. As the tree limbs die and cause the tree to become dried out, they contribute to the wildfire hazard. Trees that are susceptible to this pest are the Sycamore, Cottonwood, Willow, Valley Oak, Engelmann Oak, White Alder, and Box Elder species.

Ladera Ranch Maintenance Corporation (LARMAC) is working diligently with OCFA, University of California Cooperative Extension (UCCE), and leading experts in invasive tree pests, to address the infested trees in Ladera Ranch. Additionally, it is taking advantage of available grant funding in its effort to mitigate ISHB and save as many trees as possible in the community.

Through the California Department of Forestry and Fire Protection (CAL FIRE), the Orange County Fire Authority (OCFA) was awarded \$5.4 million dollars to fund its ORC Invasive Tree Pest Mitigation and Fuels Reduction grant project to address the escalating problem of invasive tree pests in Orange County, reduce fuel loads from dead/dying trees, and reduce greenhouse gas emissions from increased wildfire activity and tree loss as a result of invasive pests.*

OCFA has contracted with UCCE to conduct tree surveys and provide treatment recommendations to save low to moderately-infested trees and remove severely-infested trees. UCCE researchers are actively looking for ways to control the beetle



and the resulting fungal disease that often leads to tree death. The expenses related to surveys, treatment, and removal are being covered by the CAL FIRE Wildfire Prevention grant awarded to OCFA.*

To date, UCCE has surveyed over 1,800 trees at Cox Sports Park and along the Sienna Botanica. The recommendation is for the removal of 64 dead trees, some of which have already been removed, and 172 severely infested trees, also known as amplifier trees; the treatment of 371 moderately infested; and management of 1,068 trees with low levels of infestation. Treatments will vary and will be part of a UCCE research trial.

LARMAC is in the process of reviewing the 172 trees identified as amplifier trees to verify that the trees should be removed instead of receiving aggressive treatment. The hope is that the trees with low levels of infestation will overcome the infestation with treatment and removal of the sources of infestation (amplifier trees).

For updates on this project, visit LaderaLife.com (see 'Your HOA at Work').

**The ORC Invasive Tree Pest Mitigation and Fuels Reduction grant project is part of California Climate Investments, a statewide program that puts billions of cap-and-trade dollars to work reducing greenhouse gas emissions, strengthening the economy, and improving public health and the environment – particularly in disadvantaged communities. It encompasses all Orange County State Responsibility Area (SRA) lands plus the SRA-Threat buffer zone.*

2022 Completed Projects

As part of its mission to maintain Ladera's amenities, community grounds, and common spaces, LARMAC has completed the following projects.

- Acacia removal (202,158 square feet)
- Asphalt repairs to Cox Sports Park and Wagsdale Park parking lots
- Avendale splash pad replacement
- Covenant Hills Clubhouse outdoor renovation
- Covenant Hills pavement improvement project (Phase 1)
- Cox Sports Park windscreen replacement
- Cox Sports Park refurbishment (new snack bar windows, wood repairs and painting)
- Wagsdale Dog Park renovation
- Ladera Landscape Awards program
- Landscape renovations
- LED lighting upgrade at all tennis courts
- Painting projects throughout the community
- Playground replacement (8)
- Pool furniture replacement
- Skate park fence replacement
- Tennis court resurfacing
- Working with UCCE on Shothole Borer Beetle



Photos (Left to Right): Top: Wagsdale Dog Park renovation | Cox Sports Park parking lot asphalt repair
Center: Arroyo Park turf renovation | Bottom: Cherry Plunge Park playground renovation | Celestial Plunge Park playground renovation

VIDEOS

Introduction to Invasive Shothole Borers



UCEE surveyor monitors trees at Cox Sports Park





LADERA RANCH lifestyle



The Role of Ladera Ranch Community Services (LARCS)

LARCS is an independent community services organization (CSO) that builds a strong social fabric by encouraging neighborhood interaction through technology, programs, events, activities, and the spirit of volunteerism. LARCS promotes communications among neighbors, organizations, alliances and businesses through LaderaLife.com and publications to keep residents informed.

LARCS is an independent 501(c)(4) nonprofit public benefit corporation with an independently elected governing Board of Directors.

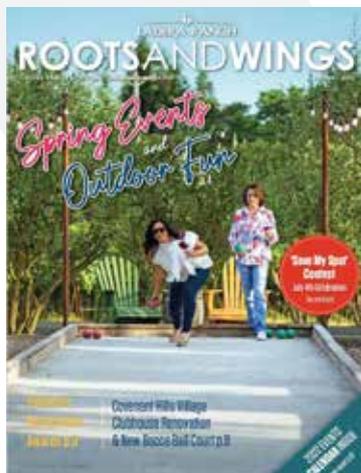


LARCS is funded primarily through a Community Enhancement Fee paid at the sale or resale of any home in Ladera Ranch.

- **First time sales:** 1/8% of the purchase price
- **Resales:** 1/4% of the purchase price

As an unincorporated community, LARCS is similar to a municipality's community services department providing the following services to the community:

- Community Events
- Recreational and Social Programs and Classes
- Roots and Wings Magazine
- Ladera Happenings Newsletter
- Neighborhood Block Party Reimbursement Program
- Laderalife.com (Community Website)
- Ranch Hands Volunteer Program
- Community Clubs and Groups
- LARCS Scholarship Program
- Teen Leadership Council
- New Homeowner Welcome Receptions
- Event Planning Committee
- Technology Advisory Committee
- Teen Leadership Council
- Legacy Brick Program





Events

LARCS has organized over 60 events, workshops, and programs with over 50,000 participants.



Clubs and Groups

LARCS Clubs: 9
LARCS Groups: 14



Community Outreach Projects

Food Drives	75 lbs.
Toy Drive	250 toys
Care Packages	50 packages
Goodwill Donation Sites	6,995 vehicles
Blood Drives	415 donors



Neighborhood Activities

Most Patriotic Home Decorating Contest	13 homes
Halloween Home Decorating Contest	35 homes
Holiday Decorating Contest	42 homes
Neighborhood Block Parties	20



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Teens in LADERA RANCH

Ladera teen creates non-profit to educate teens about cyber security and internet safety

Ladera teen Shaurya Sharma founded StriveX Academy, a non-profit organization with the mission to make the internet a happier place by creating a healthy awareness of the pitfalls of technology and living life online. The group's podcasts and upcoming workshops discuss cybersecurity, safety on the internet, innovations, and the digital divide.



Shaurya states that cybersecurity is a topic that has meaning to him. His grandparents were victims of online fraud and had a significant amount of money taken from them. Although they, fortunately, were able to recover most of the funds they were defrauded, Shaurya recognizes that this is not the case for thousands of Americans each year.

Recently Shaurya introduced StriveX to the LARCS Technology Advisory Council (TAC), a volunteer group of Ladera resident volunteers who advise the LARCS Board of Directors on technology matters. He shared his vision for the non-profit and received feedback and recommendations from professionals who are leaders in their respective fields. Emre Celik, a TAC member, said, "I applaud StriveX's mission to raise awareness of these issues that impact us all. From bullying to elaborate cons - these issues are fast-evolving and very real."

Shaurya and his team plan to host monthly specialized workshops in the months ahead. "Our vision is to enlighten the youth to understand the range of cyber harms that can affect them and how scams are growing exponentially. I also want teens to understand cybersecurity and technology and how much these fields offer as careers. We will have a variety of guest presenters to speak about the topics."

To learn more about StriveX, visit strivexacademy.org.



Shaurya presents the idea of StriveX Academy to the LARCS Technology Advisory Committee (TAC) for feedback and new ideas



TLC Welcomes New Members

The Teen Leadership Council (TLC) is comprised of a diverse group of 7th-12th grade students who have demonstrated exemplary leadership skills. TLC provides members the opportunity to further develop their leadership, planning and implementation skills through their hands-on involvement in community outreach projects, events and community activities.

They strive to inspire other teens in the community to get involved so they too may aspire to make positive contributions to their communities.

This year, 35 teens submitted applications to be considered for seven openings for the 2022-2023 year. The Council is excited to welcome the newest members to TLC.



Anur



Sasha



Kendall



Anya



Liam



Nikita



Connor



RECREATION PROGRAMS

EARLY CHILDHOOD



HOLIDAYS WITH MUSIC TOGETHER

Register at musicmovesacademy.com

Age 0 - 4

This class follows the same format as a regular Music Together class but features holiday songs and music.

Mon / Dec 5 & 12 / 10:30 - 11:15 a.m. / \$40 / Oak Knoll
Mon / Dec 5 & 12 / 4:15 - 5:00 p.m. / \$40 / Oak Knoll
Th / Dec 8 & 15 / 9:15 - 10:00 a.m. / \$40 / Oak Knoll
Th / Dec 8 & 15 / 10:15 - 11:00 a.m. / \$40 / Oak Knoll

MUSIC TOGETHER

Register at musicmovesacademy.com

Age 0 - 4

Music Together is a gold standard in early childhood music and movement. Families participate in songs, rhythmic activities, movement, and instrumental jam sessions. We create a fun, informal, and musically rich social setting that supports the different learning styles of children and adults.

Mon / Jan 9 - Mar 13 / 10:30 - 11:15 a.m. / \$230 / Oak Knoll
Mon / Jan 9 - Mar 13 / 4:15 - 5:00 p.m. / \$230 / Oak Knoll
Th / Jan 12 - Mar 16 / 9:15 - 10:00 a.m. / \$230 / Oak Knoll
Th / Jan 12 - Mar 16 / 10:15 - 11:00 a.m. / \$230 / Oak Knoll

LADYBUG MUSIC CLASSES

Register at [MagicStepsstudios.com](https://magicstepsstudios.com)

Age 0 - 5

Ladybug Music classes are part of an award-winning music program for infants-5 years old with their caregivers. Babies, toddlers, and preschoolers will sing, dance, and play their musical instruments. Moms, dads, grandparents, and nannies are welcome to join in on the fun.

Tue / Dec 6 - 20 / 9:00 - 9:45 a.m. / \$85 / Chaparral Park
Tue / Dec 6 - 20 / 10:00 - 10:45 a.m. / \$85 / Chaparral Park
Tue / Jan 10 - Mar 14 / 9:00 - 9:45 a.m. / \$295 / Chaparral Park
Tue / Jan 10 - Mar 14 / 10:00 - 10:45 a.m. / \$295 / Chaparral Park

ENRICHMENT



BEGINNING GUITAR AND UKULELE

Register at rongorman.com

Age 10+

Learn to play great songs in a fun and supportive environment. This class has been enjoyed by hundreds of Ladera Ranch Residents for the past 17 years. Bring your own guitar to class.

Tue / Feb 21 - Mar 21 / 4:30 - 5:30 p.m. / \$120 / Flintridge



MANNERS, CHARACTER & SOCIAL SKILL FOUNDATIONS

Register at theetiquettefactory.com/msjenn

Age 5 - 9

The Etiquette Factory is a unique learning experience designed to change the world, one child at a time. Our exclusive program helps children understand why integrity, respect, empathy, and charity help our lives both personally and professionally. Over 50 different etiquette skills are taught using games, role play, and activities. Supply Fee: \$20 covers campers gift set and in-class supplies (t-shirt, manners music CD or book, and Set Right placemat). No class on Jan 24.

Tue / Jan 10 - Feb 21 / 4:00 - 6:00 p.m. / \$145 / Avendale



CPR/AED/FIRST AID CERTIFICATION

Register at orangecountymidwife.com

Age 7+

Class covers CPR, choking relief and use of an Automated External Defibrillator for adults, children and infants. Students will use videos, CPR Manikins and AEDs for practice. Students receive a Heartsaver CPR/AED certification card, valid for two years. There will be an optional First Aid segment at the end of the class.

Sat / Dec 10 / 11:00 a.m. - 12:30 p.m. / \$90 / Avendale
Sat / Jan 21 / 11:00 a.m. - 12:30 p.m. / \$90 / Oak Knoll
Sat / Feb 18 / 11:00 a.m. - 12:30 p.m. / \$90 / Avendale

FAMILY CPR & CHOKING RELIEF

Register at orangecountymidwife.com

Age 7+

This class covers CPR and Choking Relief skills for Adults, Children and Infants. Students will get to use CPR manikins for hands on practice. This class is great for parents, grandparents, sitters, nannies and siblings. This class does not provide certification cards and is for self-education purposes.

Sat / Dec 10 / 11:00 a.m. - 12:00 p.m. / \$55 / Avendale
Sat / Jan 21 / 11:00 a.m. - 12:00 p.m. / \$55 / Oak Knoll
Sat / Feb 18 / 11:00 a.m. - 12:00 p.m. / \$55 / Avendale

RECREATION PROGRAMS

GUIDE TO SELF ACCEPTANCE FOR KIDS & TEENS

Register at BeyondTheReflectionOC@gmail.com

Age 10 - 17

A healthy body is not about what it looks like, but what it is capable of! In ten sessions, Pediatrician Usha Ganesan teaches children how to counteract negative messaging, learn the art of self-compassion, and discover their own and other's beauty. Kids will benefit from these tools throughout their lives to make them resilient against negative messaging. Fun activities, videos and discussions keep this class engaging.

Mon / Jan 9 - Feb 27 / 4:00 - 5:00 p.m. / \$150 / Flintridge / Ages 10 - 13
 Mon / Jan 9 - Feb 27 / 5:00 - 6:00 p.m. / \$150 / Flintridge / Ages 14 - 17
 Thu / Jan 12 - Feb 23 / 4:00 - 5:00 p.m. / \$150 / Flintridge / Ages 10 - 13
 Thu / Jan 12 - Feb 23 / 5:00 - 6:00 p.m. / \$150 / Flintridge / Ages 14 - 17



SKYHAWKS SOCCERTOTS

Register at skyhawks.com

Age 2 - 5

These soccer-themed motor skill classes are easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer and personal focus and introduce an element of light competition. The instructor-to-student ratio is kept small to maximize individual development; above all, the instructors promote fun! Parent participation is required for age 2-3.5 years.

Wed / Jan 18 - Mar 8 / 3:30 - 4:10pm / \$109 / Oak Knoll / Age 2 - 3.5
 Wed / Jan 18 - Mar 8 / 4:20 - 5:00pm / \$109 / Oak Knoll / Age 3.5 - 5
 Sat / Jan 21 - Mar 11 / 2:00 - 2:40pm / \$109 / Oak Knoll / Age 2 - 3.5
 Sat / Jan 21 - Mar 11 / 2:50 - 3:30pm / \$109 / Oak Knoll / Age 3.5 - 4.5
 Sat / Jan 21 - Mar 11 / 3:40 - 4:20pm / \$109 / Oak Knoll / Age 4.5 - 5

SPORTS AND FITNESS



LADERA RANCH TENNIS - JUNIORS PROGRAM

Register at lovetennisinquiries@gmail.com

Age 5 - 15

Along with Love Tennis, Ladera Ranch Tennis offers a top-quality tennis program that has trained students in firm foundations and excellent technique, giving them all the skills they need to break into competitive tennis. There is an unwavering commitment to helping students reach their highest tennis potential and have fun. Beginner adult and live ball clinics are available weekly.

Red/Orange Ball / M - Th / 3:00 - 4:00 p.m. / Covenant Hills / Age 5 - 10
 Green/Yellow Ball / M - Th / 4:00 - 5:30 p.m. / Covenant Hills / Age 11 - 15
 Yellow Ball+ / M - Th / 5:30 - 7:00 p.m. / Covenant Hills / Coach Approved

Juniors Tennis Program:
 Red/Orange Ball
 1 day per week: \$240
 2 days per week: \$420
 3 days per week: \$540
 4 days per week: \$720
 Drop-In: \$45 per class

Green/Yellow/Yellow+ Ball
 2 days per week: \$540
 3 days per week: \$720
 4 days per week: \$840



Visit the recreation programs page on Laderalife.com
laderalife.com/lifestyle/recreational-programs



SKYHAWKS BASEBALLTOTS

Register at skyhawks.com

Age 3.5 - 5

BaseballTots classes focus on fine and gross motor skills and body control. We teach all the baseball basics, such as throwing, catching, hitting, and running control. We are excited to help these little ones develop a love of the game!

Fri / Jan 20 - Mar 10 / 3:30 - 4:10pm / \$109 / Oak Knoll / Age 3.5 - 4.5
 Fri / Jan 20 - Mar 10 / 4:20 - 5:00pm / \$109 / Oak Knoll / Age 4.5 - 5

SKYHAWKS MULTI-SPORTTOTS

Register at skyhawks.com

Age 2 - 5

Introduce your little superstar to sports in our most popular program! This soccer and baseball class uses age-appropriate games and activities to explore balance, hand/eye coordination, fitness, sports skills, and child development. Parent participation is required for age 2-3.5 years. No class: 1/16, 2/20

Mon / Jan 9 - Mar 13 / 10:00 - 10:40am / \$109 / Oak Knoll / Age 2 - 3.5
 Mon / Jan 9 - Mar 13 / 10:50 - 11:30am / \$109 / Oak Knoll / Age 3.5 - 5

RECREATION PROGRAMS



SKYHAWKS SOCCER

Register at skyhawks.com

Age 6 - 8

Your young athlete will gain the technical skills and sports knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting, and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved their soccer skills.

Sat / Jan 21 - Mar 11 / 4:30 - 5:10pm / \$109 / Oak Knoll / Age 6 - 8

STROLLER STRIDES

Register at laderaranch.fit4mom.com

Age 18+

Stroller Strides is a fitness program that moms can do with their babies. These classes are no walk in the park, but a full cardio and resistance workout. Classes are taught by certified fitness instructors and accommodate all fitness levels. Unlimited classes per month. First class is FREE! One-time registration fee of \$95. Stroller Strides meets year-round.

Mon - Fri / Ongoing / 9:00 - 10:00 a.m. / \$75 month / Cox Sports Park

YOGA



TODDLER STORY TIME YOGA

Register at pearlsforlife.org

Age 1 - 5

Combines quiet, educational experiences with age appropriate yoga exercises for toddlers. A fun way for your child to learn the basics of yoga while moving, playing and making friends. Creative yoga moves, music, and movement are used to tell a story to introduce the beauty of yoga to toddlers.

Wed / Jan 11 - Mar 29 / 3:00 - 3:45 p.m. / \$240 / Avendale

FAMILY MORNINGS OF MINDFULNESS AND FUN

Register at Katsneddon@harleeharbor.com

Age 3+

We will participate in games and activities that teach mindfulness in a creative way. Among many benefit is, mindfulness has been shown to increase positive emotions, decrease our anxiety and help in the reduction of stress. Practicing together increases the family bond! Drop-In Fee: \$30 per family.

Sat / Jan 7 - Jan 28 / 9:30 - 10:30 a.m. / \$100 per family / Oak Knoll Courtyard Grass

Sat / Feb 4 - Feb 25 / 9:30 - 10:30 a.m. / \$100 per family / Oak Knoll Courtyard Grass

TEEN MINDFULNESS YOGA

Register at pearlsforlife.org

Age 13 - 17

These classes are offered for the teenager who is discovering life and connection with their body. As they take time to stop, be still, breathe, and relax their minds; this experience gives them an opportunity to develop their own skills of mindfulness. Our Teen Yoga class builds self-esteem and health.

Wed / Jan 11 - Mar 29 / 4:00 - 4:45 p.m. / \$240 / Avendale



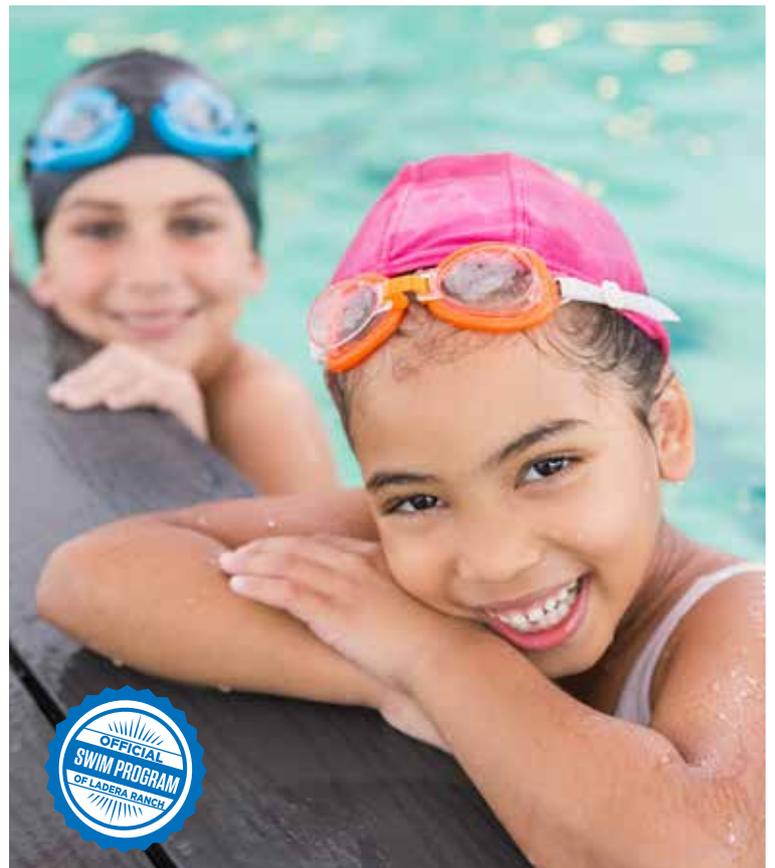
AQUATICS

EVOLUTION RACING CLUB

Register at evolutionracingclub.com

Age 5+

Evolution Racing Club is a competitive swim club, offering year-round and seasonal swim team options. For more program information please visit our website. Swim Team location: Avendale Clubhouse pool





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Internet safety is a team effort

The excellent news for Ladera Ranch residents is that you don't have to defend your digital realm alone. Cox offers tools to detect and deter potential fraud and scams before you know they're happening. Today, internet safety is truly a team effort. You do your part on the home front, and Cox, as your provider, protects you on the network. Together, we're a substantial security force against online threats and schemes.

Here are some commonsense practices to get ahead of Internet threats and minimize your risk of being hacked, phished, or scammed:

- Protect your accounts with a strong password - seven or more characters, including a number and symbol; and vary passwords across accounts. For even better protection, consider a password management tool like LastPass, which generates and stores strong, unique passwords, helping you securely log in to any work site or app.
- Use two-factor authentication that generates a one-time code sent to your mobile device or email to confirm your identity.
- Always be vigilant, especially when opening emails or text messages from unknown senders or ones that come from a familiar source but seem off. Be suspicious of anything that asks you to click on a link to update private or financial information.
- Don't overshare personal information, or your whereabouts, on social media.
- Install antivirus software on your devices and run scheduled scans. Disconnect any device from your network you suspect has been hacked.

By following these practices, you will minimize your online exposure.

Ladera Ranch residents can take advantage of Cox's Panoramic Wi-Fi's Advanced Security feature. This included service delivers an additional layer of protection for your home network through the following features.

- Connected device monitoring is automatically extended to any device that connects to your home network wirelessly: phones, laptops, game consoles, cameras, etc.
- Continuous Wi-Fi traffic analysis, using Advanced Intelligence and machine learning to detect and automatically block suspicious activity in real time.
- Action alert dashboard lets you check your network's safety status at any time and informs you of daily digital security-related actions.

Advanced Security is included in your Panoramic Wi-Fi service and can be accessed via the Panoramic Wi-Fi app. It takes less than a minute to set up and puts you in control.

Learn more at the Cox Panoramic Wi-Fi Advanced Security at [cox.com/residential/internet/learn/advanced-security.html](https://www.cox.com/residential/internet/learn/advanced-security.html)

Every single-family home and condominium is wired to receive Gigablast speeds from Cox Communications. Residents pay \$29.79 per month through LARMAC, which is a significant savings over the \$119 per month retail value.

If your employer reimburses you for home internet service, you're in luck! Simply complete the form using the QR code to request a letter from LARMAC to submit to your employer.





2022 Business in Review



*By C. Todd Stearns, President
Ladera Rancho Chamber of Commerce*

The mission of the Chamber is to promote economic development in Ladera Ranch and Rancho Mission Viejo and to advance the interests of our business community.

A healthy business community is an engine that drives taxes, employment, and housing. It's also personal for us since we live here and like having great places to eat and shop. Appreciate that convenience and keep it LOCAL!

2022 was truly a historic year for Ladera Ranch and the Chamber of Commerce. For the first time in a decade, Ladera has an abundance of places to eat! Most importantly, 'fun' has returned with a number of our new restaurants offering great atmospheres for us to visit with friends and family and to make memories.

The Mercantile West Center has re-emerged as a regional destination for folks with the opening of Rancho Capistrano Winery and Joe's Italian Restaurant, Mama's Comfort Food & Cocktails, Board & Brew, and Poke Works. Did you know that Rancho Capistrano provides jobs for 50 people? Other businesses like Row House have been purchased and are under new management by local resident Shannon Roby.

That's not all! 2023 will see the openings of Five Below, Churned Creamery, Crumbl Cookies, Discovery Montessori, and several other exciting businesses to come.

As you have fun visiting our new businesses, please continue to support our existing businesses, which are invested in our community, and love our residents. Your ongoing patronage will help continue the positive momentum of local economic growth. The success of our businesses rests in the hands of folks like you, so, thank you for dining and shopping in Ladera Ranch.

This year our public initiatives included networking mixers, business expos, the Farmers Market which we operate in both Ladera and Rancho Mission Viejo, the Bicycle Rodeo, ribbon cuttings, and other events.

Our work behind the scenes with elected officials like our 5th District Supervisor, State Senator, U.S. Representative, and other local groups like LARCS and LARMAC is also very important. We do all of this as the only independent Orange County Chamber operating in any of the unincorporated areas.

Thank you for a great year, and our businesses look forward to your continued support in 2023.



Ladera's Voice to the County



*By J. Ocana
Chair, Ladera Ranch Civic Council*

The Ladera Civic Council was created to represent unincorporated Ladera Ranch and give it a seat at the table with the County. Cities have City Councils, Mayors, and most importantly tax-driven budgets, while unincorporated areas do not. The LRCC is an

elected volunteer board with funding coming from the residents who choose to participate. We need your support to accomplish the goals we have in front of us and continue to keep our community the best in California!

The LRCC is not a political organization. In a sense, we are the purest form of government. There are no political parties, no political action committees, and no funding coming from big donors that may sway votes or interests. The LRCC exists only to represent the common interests of Ladera Ranch residents to the County. Public safety is an example of a common interest that we are actively engaged in.

There are several safety initiatives that the Council is working on including an infrastructure initiative that promotes the safety of our residents. In 22 years, a lot has certainly changed, and our infrastructure requires some attention. We have been working with OC Public works on four projects:

- Repairing and resurfacing our roads
- Modernizing street lighting to LED which uses less electricity and provides increased safety
- Adding crosswalks in high traffic areas to protect pedestrians
- Adding or updating our bike lines for safer bike travel, especially with the number of eBikes that are being used for transportation

In part, to get eBikes off our sidewalks, we need to provide riders with improved, and safer bike lanes.

We are working with the Orange County Sheriff and CHP on improving localized crime reporting, more engagement with the community through awareness and education and when necessary, through enforcement. We are engaged with the 5th District Supervisor on many topics and are especially trying to get their support around safety. We know the hot topic right now for safety in Ladera is eBikes so we are working with all of these different organizations to make a substantial impact.

The Ladera Ranch Civic Council needs your support! Please attend our public meetings, contact your 5th District Supervisor, and consider donating to our organization. To learn more, visit lrciviccouncil.org.



Ladera Ranch Community Services
 Oak Knoll Village Clubhouse
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 Ladera Ranch, CA 92694

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